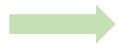


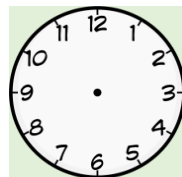
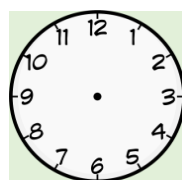
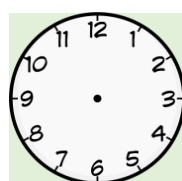
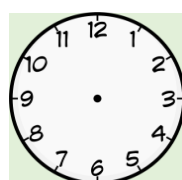
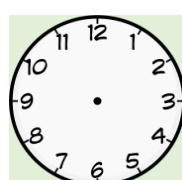
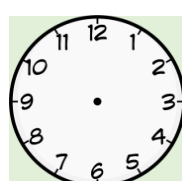
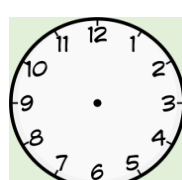
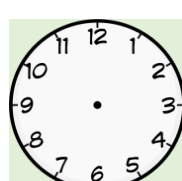


Arbeitsblatt: Freude-Tagebuch

 Halten Sie im grünen Bereich die Zeit fest

 Beschreiben Sie im roten Bereich den freudigen Moment

 Bewerten Sie mittels der Skala 1 (geringe Freude) bis 10 (grosse Freude) die Intensität.

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